

Nurse Assistant Program

THE CNA PROGRAM

The Nurse Assistant Training Program at Glen Oaks College is designed to prepare students to sit for the California Certification Examination to become Certified Nurse Assistants (CNAs).

The objective of the Nurse Assistant Program is to teach students to provide quality care for residents in long-term care environments, maintain residents' dignity, and improve or maintain quality of life. Students also learn how to take care of patients' basic needs, including bathing and feeding. Students learn to be proficient in technical skills, such as taking vital signs, tracking patient progress through charts, and performing certain emergency procedures. The program also addresses the complex social, legal, and ethical issues that result from prolonged care. Good bedside manner is covered through interpersonal communication practice and knowledge of patients' rights, resident care procedures, and rehabilitation. Within this course the student will also receive CPR training and take required examinations for certification. HIPPA and OSHA certifications will also be issued.

The course consists of *theory* as well as *clinical* hours.

Duration: Total Clock Hours: 184; Theory Hours: 84; Clinical Hours: 100

Program Delivery: Residential

REQUIREMENTS FOR ENROLLING

A candidate enrolling in this program must:

- Be at least 18 years old
- Present proof of passing a physical exam prior to enrolling
- Pass a criminal background check prior to enrolling
- Show evidence of high school diploma or GED

FOR MORE INFORMATION,
PLEASE CALL:

951.68.8300

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CURRICULUM

<u>Module Number</u>	<u>Module Name</u>
Module 1	Orientation and Introduction
Module 2	Patient Rights
Module 3	Communications and Interpersonal Skills
Module 4	Prevention and Management of Catastrophe and Natural Occurrence
Module 5	Body Mechanics
Module 6	Medical and Surgical Asepsis
Module 7	Weights and Measurements
Module 8	Patient Care Skills
Module 9	Patient Care Procedures
Module 10	Vital Signs
Module 11	Nutrition
Module 12	Emergency Procedures/CPR
Module 13	Long-Term Care Resident
Module 14	Rehabilitative Nursing
Module 15	Observation and Charting
Module 16	Death and Dying

CNA LICENSURE

To obtain a California Certified Nurse Assistant (CNA) certificate you must:

- Be at least 16 years of age
- Meet the health screening and conviction screening
- Submit fingerprints through the live scan method to ATCS upon enrollment in an ATCS-approved training program.
- Complete a minimum of 168 hours of training in an ATCS-approved program taught by ATCS-approved instructors
- Successfully complete a competency evaluation conducted by an ATCS approved testing vendor. OR
- Be eligible through an equivalent training program.
- Be eligible through reciprocity from another state.

For more information, please visit The California Department of Public Health: <http://www.cdph.ca.gov/>